

TEXAS

Table 97. Selected Drug Use, Perceptions of Great Risk, Average Annual Marijuana Initiates, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in Texas, by Age Group: Estimated Numbers (in Thousands), Annual Averages Based on 2008-2009 NSDUHs

Measure	12+	12-17	18-25	26+	18+
ILLICIT DRUGS					
Past Month Illicit Drug Use ¹	1,291	178	465	649	1,114
Past Year Marijuana Use	1,608	237	601	770	1,371
Past Month Marijuana Use	918	129	367	421	788
Past Month Use of Illicit Drugs Other Than Marijuana ¹	619	88	204	327	531
Past Year Cocaine Use	368	24	139	204	343
Past Year Nonmedical Pain Reliever Use	883	123	307	454	761
Perception of Great Risk of Smoking Marijuana Once a Month	8,595	783	774	7,038	7,812
Average Annual Number of Marijuana Initiates ²	200	98	91	10	102
ALCOHOL					
Past Month Alcohol Use	9,394	298	1,599	7,497	9,096
Past Month Binge Alcohol Use ³	4,686	180	1,067	3,440	4,507
Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week	8,491	863	980	6,648	7,628
Past Month Alcohol Use (Persons Aged 12 to 20)	854 ⁴	--	--	--	--
Past Month Binge Alcohol Use (Persons Aged 12 to 20) ³	554 ⁴	--	--	--	--
TOBACCO PRODUCTS					
Past Month Tobacco Product Use ⁵	5,243	211	1,049	3,982	5,032
Past Month Cigarette Use	4,365	172	922	3,271	4,193
Perception of Great Risk of Smoking One or More Packs of Cigarettes Per Day	14,187	1,359	1,850	10,978	12,829
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT⁶					
Illicit Drug Dependence ¹	351	49	137	166	302
Illicit Drug Dependence or Abuse ¹	532	94	193	245	438
Alcohol Dependence	609	40	159	411	569
Alcohol Dependence or Abuse	1,347	98	402	848	1,250
Alcohol or Illicit Drug Dependence or Abuse ¹	1,643	153	506	983	1,489
Needing But Not Receiving Treatment for Illicit Drug Use ^{1,7}	493	89	183	221	404
Needing But Not Receiving Treatment for Alcohol Use ⁷	1,309	94	393	823	1,215
PAST YEAR MENTAL HEALTH					
Had at Least One Major Depressive Episode ^{8,9}	--	157	197	831	1,028
Serious Mental Illness ^{9,10}	--	--	189	551	741
Any Mental Illness ^{9,11}	--	--	783	2,593	3,377
Had Serious Thoughts of Suicide	--	--	149	414	563

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

¹ Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates are based on data from original questions, excluding those on the use of over-the-counter drugs or new methamphetamine items that were added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

² Average annual number of marijuana initiates = $X_1 \div 2$, where X_1 is the number of marijuana initiates in past 24 months.

³ Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

⁴ Underage drinking is defined for persons aged 12 to 20; therefore, the "Total" estimate reflects that age group and not persons aged 12 or older.

⁵ Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.

⁶ Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*.

⁷ Needing But Not Receiving Treatment refers to respondents classified as needing treatment for illicit drugs (or alcohol), but not receiving treatment for an illicit drug (or alcohol) problem at a specialty facility (i.e., drug and alcohol rehabilitation facilities [inpatient or outpatient], hospitals [inpatient only], and mental health centers).

⁸ Major depressive episode is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent major depressive episode modules. Therefore, data from youths aged 12 to 17 were not combined with data from persons aged 18 or older to get an overall estimate (12 or older).

⁹ For more details, see Section A.11 in Appendix A of the report on *State Estimates of Substance Use and Mental Disorders from the 2008-2009 NSDUHs*.

¹⁰ Serious mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)* and resulted in serious functional impairment.

¹¹ Any mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2008 and 2009.

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Table 98. Selected Drug Use, Perceptions of Great Risk, Average Annual Rates of First Use of Marijuana, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in Texas, by Age Group: Percentages, Annual Averages Based on 2008-2009 NSDUHs

Measure	12+	12-17	18-25	26+	18+
ILLICIT DRUGS					
Past Month Illicit Drug Use ¹	6.66	8.41	16.97	4.47	6.45
Past Year Marijuana Use	8.30	11.22	21.96	5.30	7.94
Past Month Marijuana Use	4.73	6.11	13.40	2.90	4.57
Past Month Use of Illicit Drugs Other Than Marijuana ¹	3.19	4.17	7.44	2.25	3.07
Past Year Cocaine Use	1.90	1.15	5.10	1.40	1.99
Past Year Nonmedical Pain Reliever Use	4.56	5.80	11.22	3.12	4.41
Perception of Great Risk of Smoking Marijuana Once a Month	44.36	37.04	28.26	48.46	45.26
Average Annual Rate of First Use of Marijuana ²	1.58	5.19	5.81	0.11	0.94
ALCOHOL					
Past Month Alcohol Use	48.49	14.10	58.42	51.62	52.70
Past Month Binge Alcohol Use ³	24.19	8.50	38.98	23.68	26.11
Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week	43.82	40.83	35.81	45.77	44.19
Past Month Alcohol Use (Persons Aged 12 to 20)	26.46 ⁴	--	--	--	--
Past Month Binge Alcohol Use (Persons Aged 12 to 20) ³	17.16 ⁴	--	--	--	--
TOBACCO PRODUCTS					
Past Month Tobacco Product Use ⁵	27.05	10.00	38.34	27.42	29.15
Past Month Cigarette Use	22.52	8.15	33.67	22.52	24.29
Perception of Great Risk of Smoking One or More Packs of Cigarettes Per Day	73.23	64.27	67.59	75.59	74.32
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT⁶					
Illicit Drug Dependence ¹	1.81	2.32	4.99	1.14	1.75
Illicit Drug Dependence or Abuse ¹	2.75	4.44	7.05	1.69	2.54
Alcohol Dependence	3.14	1.90	5.79	2.83	3.30
Alcohol Dependence or Abuse	6.95	4.62	14.68	5.84	7.24
Alcohol or Illicit Drug Dependence or Abuse ¹	8.48	7.25	18.49	6.77	8.63
Needing But Not Receiving Treatment for Illicit Drug Use ^{1,7}	2.55	4.22	6.68	1.52	2.34
Needing But Not Receiving Treatment for Alcohol Use ⁷	6.76	4.44	14.35	5.66	7.04
PAST YEAR MENTAL HEALTH					
Had at Least One Major Depressive Episode ^{8,9}	--	7.45	7.19	5.72	5.95
Serious Mental Illness ^{9,10}	--	--	6.92	3.80	4.29
Any Mental Illness ^{9,11}	--	--	28.62	17.86	19.56
Had Serious Thoughts of Suicide	--	--	5.44	2.85	3.26

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

¹ Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates are based on data from original questions, excluding those on the use of over-the-counter drugs or new methamphetamine items that were added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

² Average annual marijuana initiation rate = $100 * \{ [X_1 + (0.5 * X_1 + X_2)] \div 2 \}$, where X_1 is the number of marijuana initiates in the past 24 months and X_2 is the number of persons who never used marijuana. Both of the computation components, X_1 and X_2 , are based on a survey-weighted hierarchical Bayes estimation approach. Note that the age group is based on a respondent's age at the time of the interview, not his or her age at first use.

³ Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

⁴ Underage drinking is defined for persons aged 12 to 20; therefore, the "Total" estimate reflects that age group and not persons aged 12 or older.

⁵ Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2008 and 2009.